

AUGUST 2018

GREENWOOD CHARTER SCHOOL BREAKFAST & LUNCH MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	13	14 Egg Omelet	15 Muffin	16 Mini Blueberry Pancakes	17 French Toast Sticks
Lunch		Chicken Nuggets Salad Bar Vegetables Fruit Milk or Water	Beef Nachos Salsa Salad Bar Vegetables Fruit Milk or Water	Ham and Cheese Bagel Salad Bar Vegetables Fruit Milk or Water	Pizza Ripper Salad Bar Vegetables Fruit Milk or Water
Breakfast	20 Breakfast Sliders	21 Pancake Sausage Wrap	22 Muffin	23 Mini Waffles	24 Scrambled Eggs
Lunch	Chicken Sandwich Salad Bar Vegetables Fruit Milk or Water	Taquitos Burrito Salsa Bar Vegetables Fruit Milk or Water	Breadsticks and Marinara Sauce Salad Bar Vegetables Fruit Milk or Water	Sloppy Joe Salad Bar Vegetables Fruit Milk or Water	Pepperoni Pizza Cheese Pizza Salad Bar Vegetables Fruit Milk or Water
Breakfast	27 Breakfast Bagel	28 Breakfast squares	29 Muffin	30 Yogurt & fruit	31 No School
Lunch	Teriyaki Beef Dippers Roll Salad Bar Vegetables Fruit Milk or Water	Bean and Cheese Burrito Salad Bar Vegetables Fruit Milk or Water	Turkey and Cheese Sandwich Salad Bar Vegetables Fruit Milk or Water	Hamburger or Cheeseburger French Fries Salad Bar Vegetables Fruit Milk or Water	

**SALAD BAR
AND FRUIT
OFFERED
EVERY DAY!**

**WHAT
MAKES A
LUNCH?**

- **Fruit**
- **Veggies**
- **Grains**
- **Protein**
- **Milk**

**Kids must
select 3-5
components
1 component
needs to be
1/2 fruit and/or
veggie**

**Milk or Water
is offered with
every meal.**



Breakfast is served 8:00-8:20.

We offer yogurt, cereal, fruit or a daily special.

Meals are subject to change, due to availability.

This institution is an Equal Opportunity Provider/Employer.